



At the Madison Park Bathhouse . 1900 43<sup>rd</sup> Avenue East, Seattle, WA 98112 . (206) 324-7846

## ILLNESS GUIDELINES

Because preschool brings children into close contact with each other, communicable disease spreads easily among them. To prevent the spread of contagious disease, children with communicable disease must be kept home.

Keep your child home if any of the following symptoms are present:

Illness Symptoms	
Cold	A cold less than three days old. Common cold symptoms include sore throat, runny nose, sneezing and coughing.
Sore Throat	Red throat, swollen glands
Runny Nose	Runny nose with colored discharge (non-allergy related)
Vomiting	Vomiting within 24 hours before school
Diarrhea	Diarrhea within 24 hours before school
Fever	Fever over 99.8 within 24 hours before school
Rash	Unexplained rash or skin eruptions
Eyes	Persistent pink or red eye(s)
Cough	Nagging cough or sore throat

If your child has any of these symptoms, but especially if they have a fever, vomiting or diarrhea, please keep them home. If you are in doubt as to whether or not your child is well enough to attend school, it is advisable to keep them home that day. Adults who are ill should also use judgment before attending co-op.

### Communicable Disease

If your child has been exposed to any of the communicable diseases listed below, you must notify your teacher as soon as possible by phone and by email. An anonymous notice of exposure to the communicable disease will be posted on the inside of the co-op door. Specific diagnoses that require Public Health notice are as follows:

- bacterial meningitis
- chicken pox
- conjunctivitis (pink eye)
- Fifth Disease
- hand, foot and mouth disease
- head lice
- impetigo
- mononucleosis
- methicillin-resistant staphylococcus aureus
- mycoplasma pneumonia
- pinworms
- Reye Syndrome- following chicken pox or flu
- Strep throat

Consult your doctor regarding length of contagiousness before returning to the co-op classroom or other co-op functions if symptoms are still present.